

Psychology (BSc)

Psychology can help us understand the people around us – both how they act and think. In this area of study, we examine human behaviour using the scientific method with a focus on neural and cognitive functioning. We explore how the human brain works, how we cope with stress, recover from brain injuries, develop and use language and more. Learn more at uab.ca/AugPrograms

YEAR 1	YEAR 2	YEAR 3	YEAR 4
• AIDS 101 • AUPSY 103 • AUSTA 153 • 0-3 units Indigenous Studies • 6-9 units from supporting science: ◦ AUBIO 111, AUCHE 110, AUCSC 111, or AUSES 112 • 0-3 units Perspectives on the Body: ◦ AUART 131, AUART 171, or AUDRA 144 recommended, but any AUART, AUDRA, or AUMUS course can fulfill this requirement. • Options *	• AUSTA 217 • AUPSY 275 • 3-6 units from: ◦ AUPSY 263 or AUPSY 269 • 3 units from: ◦ AUPSY 220, 240, or 256 • 3-6 units from supporting science courses • 0-3 units Indigenous Studies • 3-6 units Perspectives on the Mind • 0-3 units Perspectives on the Body • Begin your co-curricular certificate • Options*	• AUSTA 313 • 0-3 units from: ◦ AUPSY 220, 240, 256 • Remaining units from: ◦ AUPSY 263, 269, 275 • 6-9 units from: ◦ AUPSY 343, 361, 363, 373, 375, or 377. • 0-3 units from: ◦ AUPSY 441, 471, 475, or 483. • 0-3 units Indigenous Studies • 0-6 units Perspectives on the Mind • 0-3 units Perspectives on the Body • 0-6 units from supporting science courses • Options*	• AIDS 401 • AUPSY 409 • 3-6 units from: ◦ AUPSY 343, 361, 363, 373, 375, or 377 • 3-6 units from: ◦ AUPSY 441, 471, 475, or 483. • All outstanding from: ◦ Indigenous Studies ◦ Perspectives on the Mind ◦ Perspectives on the Body ◦ Science Supporting courses • Complete your co-curricular certificate by Fall Term • Options*

*The bachelor of science degree consists of 120 units, including **at least 66 units** in Science. Beyond specific major requirements, the bachelor of science in psychology requires 18 units of Science options.

AUGUSTANA PROJECT-BASED CORE:

Learn the skills needed to succeed in university and create projects while gaining real working experience. Learn more and see courses at uab.ca/AugCore

AIDS 101 (3 units, Fall)

The First-Year Seminar prepares students for university by teaching critical analysis, improving academic writing, fostering community involvement, and introducing career skills.

AIDS 401 (6 units, Fall & Winter)

Students gain the skills and knowledge needed to work professionally with community partners, while reinforcing their ability to work collaboratively on a project. Students will also gain the skills and tools to market the knowledge acquired in their degree in competitive job markets.



*Your Academic Requirement Report in Bear Tracks shows your progress and provides complete details on your program. Not every student's path will be this linear. You may choose to take a lighter course load, take time off or participate in extracurriculars that will extend your program time. We recommend speaking to a student advisor about planning your degree. **Learn more at uab.ca/AugSAS***

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Degree-Enhancing Experiences:

Make the most of your time at university - take advantage of these opportunities and more!

Co-curricular Certification*

Complete at least one:

- Community Engagement and Service-Learning Certificate
- Mental Health First Aid Certification (focuses on training for intervention with individuals in crisis)
- Brain Story certification

*Required

Science Internship Program

Gain hands-on experience in clinical support, data analysis, research, and more while building the essential skills and industry connections to successfully launch your career.

Undergraduate Research

Work one-on-one with professors on research topics. Gain valuable research experience that can help you prepare for graduate school.

Short-term Trips

Explore and connect with individuals from around the world with trips to places like India, Italy and the USA.

Prepare yourself for a successful future:

Build your career knowledge, skills and connections throughout your degree. More ideas at uab.ca/AugCS

YEAR 1

- Create your first professional resume
- Explore potential career pathways
- Join student groups and volunteer

YEAR 2

- Attend seminars on managing your career and job search
- Participate in the Job Shadow Program or Career Conversations

YEAR 3

- Get curious at Employer Information Sessions, Career Fairs, Mixers, Lunch and Learns

YEAR 4

- Refine your job interview skills
- Seek out networking opportunities on or off campus

GET INVOLVED ON CAMPUS

Athletics & Campus Rec
Augustana Chaplaincy
Augustana Students' Association
Campus Clubs
Choir & Theatre Productions

Learn more by
contacting us at:

uab.ca/AugSAS